

# Understanding generations in the workplace



## COURSE SPECIFICATIONS



### FORMAT

- Lunch & Learn



### DURATION

Training is given in 1 hour (60 minutes) to provide maximum impact and optimum use of time.



### TARGET AUDIENCE

This training is for anyone who wants to understand generational differences in order to better interact in the workplace.



### DELIVERY METHOD

Focusing on a specific topic, our "Lunch & Learn" sessions are a simple, effective and powerful way to tackle best practices ... in small bites.

A formula that develops, stimulates and promotes a learning culture.

Hosting up to 20 participants, these sessions are interactive and dynamic.



### LANGUAGE

Available in:

- French
- English

## DESCRIPTION

People communicate also according to their generation. Each generation has its own "Codes" (attitudes, behaviors, expectations, habits and motivational levers). These generational differences can lead to negative frictions and tensions in the workplace. This workshop allows to depict the nature of each generation, and to understand their "Codes" in order to improve communication, overcome differences and prevent major misunderstandings in the workplace.

## OBJECTIVES

ALLOWING THE PARTICIPANT TO:

- Understand generations and generational differences.
- Discover the different expectations and preferences among different generations
- Develop strategies that open up dialogue and overcome differences.

## COURSE CONTENT

### WHAT DEFINES A GENERATION?

- Generational changes
- Generational models

### WHAT ARE THE GENERATIONS IN THE WORKPLACE

- Generations in the Workplace Today
- Generational Chronology
- Who are they?
  - Seniors/ Veterans
  - Baby Boomers
  - Generation X
  - Generation Y
  - Gen Z / Millenials

### HOW TO TREAT THEM AND WORK WITH THEM



Tél. : 514-365-8397



Fax. : 514-365-8940



info@solutionsandco.com



www.solutionsandco.com