



COURSE SPECIFICATIONS



FORMAT

- Conference



DURATION

The conference lasts 1.5 hour (90 minutes).



TARGET AUDIENCE

Any individual needing to work in a team.



DELIVERY METHOD

Speaker-led classroom-delivery learning model with pre-determined pace.

A simple, efficient and powerful way to discuss best practices.



LANGUAGE

Available in:

- French
- English

DESCRIPTION

This conference makes participants aware that teamwork requires a constant balance between the team's needs and the needs of each team member. It allows them to recognize and accept needs of each member in order to ensure success.

OBJECTIVES

ALLOWING THE PARTICIPANT TO:

- Start reflecting upon a frame of reference in terms of team cohesion,
- Be aware of his individual contribution to the synergy, through collaboration and adaptability,
- Stimulate his team spirit.

COURSE CONTENT

FROM GROUP TO... TEAM WORK

- Teamwork
- Synergy
- Building a team is a process
- Own influence
- Creating a stimulating environment favorable to thriving professionally
- The weakest link

FOCUSING ON EACH MEMBER'S STRENGTHS

- Recognizing
- Sharing

COMMUNICATION, ITS PROCESS AND ADAPTABILITY

- Communication
- Communication styles

WITHIN THE TEAM

- Strategies to work with teammates
- Communication styles



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